

WI report sept 19

Our WI meets eleven times a year and tradition has it that our August meeting is held somewhere other than Thornborough village hall. Looking back at our records it seems that this tradition had started from our WI's beginnings in 1936. Many different locations have been chosen over the years including members' gardens as well as local places strongly connected to our WI.



It was no surprise, therefore, that our August meeting this year took place in Thornton College. We gathered in the conference room and after a short business meeting were then entertained by two old Thorntonians and the current deputy head girl.

They regaled us with their very happy tales of yesteryear as well as those of the present day. It was clear that a focus on community and support for individuals has been a strong ethos of their education at Thornton College. Indeed, all that was said echoed the College's mission statement to "meet the challenges of life courageously". We also had the opportunity for a quick visit to Thornton church.

September's meeting took place back in Thornborough village hall where we heard about the history and practice of Reiki. Rediscovered in the 1800s the origins of Reiki can be traced back many thousands of years in Tibet.

Reiki is a form of alternative medicine called energy healing. Reiki practitioners use a technique called palm healing or hands-on healing through which a "universal energy" is said to be transferred through the palms of the practitioner to the patient in order to encourage emotional or physical healing. As well as a presentation with slides we also saw a demonstration of Reiki in practice.

Thornborough and Thornton WI meet on the first Wednesday of every month at 7.30pm in Thornborough village hall. Visitors are always welcome.

Read more about us on our website at: Thornboroughandthorntonwi.org

Contact us at: Thornboroughandthorntonwi@gmail.com

Our next meeting will be at 7.30pm Wednesday 2nd October when our invited speaker will be talking to us about his travels in Turkey.

Look out for the posters in Thornborough and Thornton that advertise our WI meetings and special events such as our very popular Hedgerow Spirit night in October.

Teresa Connolly